

The Bullying Survey

A. Names are not needed.

We want to stop all bullying in this school. We need your help to find out what kind of bullying is going on this year. You don't need to put your name on this survey. We don't want you to name other people.

B. What is bullying?

Bullying means to hurt someone in some way. Bullying can be done by one person or more than one person. Bullying also means that the same person or persons do the hurting more than once.

Some bullies hurt other people by doing physical things like hitting, kicking, or throwing things. Some bullies threaten to do things to you unless you give them money or obey them. Some bullies make you feel bad by name-calling, telling lies about you, or trying to get people to not be your friend.

C. Information about you.

Please put a check mark in the correct boxes.

I am a girl

I am a boy

I am in Grade 4

Grade 5

Grade 6

D. This section asks about how *you have been bullied*. Please remember that it has to be the same person or persons doing this to you more than once. Please circle the number in each statement that best fits what happened to you this year in school. Here is what the numbers mean:

1 = never 2 = sometimes 3 = about once a week 4 = more than once a week

This year in school someone bullied me by...

- doing things like hitting, kicking, punching, or throwing things.

1 2 3 4

- hurting me with a weapon like a stick, ruler, knife, or something else.

1 2 3 4

- threatening to hurt me.

1 2 3 4

- saying things about my body or saying sexual things that made me feel uncomfortable, embarrassed, or afraid.

1 2 3 4

- touching my body or my clothes in an inappropriate way.

1 2 3 4

- making me give them money or other things.

1 2 3 4

- making me do what they told me to when I didn't want to.

1 2 3 4

- saying hurtful things about my skin color, the country I came from, or my religion.

1 2 3 4

- calling me terrible, hurtful names.

1 2 3 4

- spreading untrue stories and gossip about me.

1 2 3 4

- trying to make others not be my friend and leave me out of things.

1 2 3 4

- passing around a hurtful, untrue note about me.

1 2 3 4

- sending me a hurtful, untrue e-mail or text message.

1 2 3 4

- posting a hurtful, untrue message about me in an Internet chat room.

1 2 3 4

This year I have been bullied in some way this often:

1 2 3 4

E. This section asks about how *you have bullied* someone else. Please remember that you need to have done this to someone more than once. Your name is not on this paper. Please answer honestly. Circle the number in each statement that best fits your actions this year in school. Here is what the numbers mean:

1 = never 2 = sometimes 3 = about once a week 4 = more than once a week

This year in school I bullied someone by...

- doing things like hitting, kicking, punching, or throwing things.

1 2 3 4

- hurting them with a weapon like a stick, ruler, knife, or something else.

1 2 3 4

- threatening to hurt them.

1 2 3 4

- saying things about their body or saying sexual things that made them feel uncomfortable, embarrassed, or afraid.

1 2 3 4

- touching their body or their clothes in an inappropriate way.

1 2 3 4

- making them give me money or other things.

1 2 3 4

- making them do what I told them to when they didn't want to.

1 2 3 4

- saying hurtful things about their skin color, the country they came from, or their religion.

1 2 3 4

- calling them terrible, hurtful names.

1 2 3 4

- spreading untrue stories and gossip about them.

1 2 3 4

- trying to make others not be their friend and leave them out of things.

1 2 3 4

- passing around a hurtful, untrue note about them.

1 2 3 4

- sending them a hurtful, untrue e-mail or text message.

1 2 3 4

- posting a hurtful, untrue message about them in an Internet chat room.

1 2 3 4

This year I have bullied someone else in some way this often:

1 2 3 4

F. This section asks whether you have *watched or heard about* someone being bullied. Your name is not on this paper. Please answer honestly. Circle the number in each statement that best fits what you watched or heard about this year in school. Here is what the numbers mean:

1 = never 2 = sometimes 3 = about once 4 = more than once a week

This year in school I watched or heard about someone being bullied by someone...

- doing things to them like hitting, kicking, punching, or throwing things.

1 2 3 4

- hurting them with a weapon like a stick, ruler, knife, or something else.

1 2 3 4

- threatening to hurt them.

1 2 3 4

- saying things about their body or saying sexual things that made them feel uncomfortable, embarrassed, or afraid.

1 2 3 4

- touching their body or their clothes in an inappropriate way.

1 2 3 4

- making them give them money or other things.

1 2 3 4

- making them do what the person told them to when they didn't want to.

1 2 3 4

- saying hurtful things about their skin color, the country they came from, or their religion.

1 2 3 4

- calling them terrible, hurtful names.

1 2 3 4

- spreading untrue stories and gossip about them.

1 2 3 4

- trying to make others not be their friend and leave them out of things.

1 2 3 4

- passing around a hurtful, untrue note about them.

1 2 3 4

- sending them a hurtful, untrue e-mail or text message.

1 2 3 4

- posting a hurtful, untrue message about them in an Internet chat room.

1 2 3 4

This year I have watched or heard about someone being bullied in some way this often:

1 2 3 4

- G.** This section asks *where* in the school you have been bullied or *where* you have watched or heard about someone being bullied. Your name is not on this paper. Please answer honestly. Circle the number in each statement that best fits what happened to you this year in school. Here is what the numbers mean:

1 = never 2 = sometimes 3 = about once 4 = more than once a week

This year in school I was bullied, or watched or heard about someone being bullied...

- in the schoolyard.

1 2 3 4

- in the hallways.

1 2 3 4

- in a classroom.

1 2 3 4

- in the gym.

1 2 3 4

- in the washroom.

1 2 3 4

- in the lunchroom.

1 2 3 4

- on the way to or from school.

1 2 3 4

- on the school bus.

1 2 3 4

This is the end of the survey. Thank you for helping us to get rid of bullying in this school.