



### **Ministry of Education**

# SAFETY AT YOUR SCHOOL

# Sample Survey for Teachers and Other Staff About Bullying

| Name of school:                    |       |  |
|------------------------------------|-------|--|
| School ID:                         |       |  |
| Name of select board (suite suits) |       |  |
| Name of school board/authority:    |       |  |
| Board ID:                          | Date: |  |

Schools need to be safe places so that students can feel relaxed enough in them to learn.

The purpose of this survey is to find out about student safety and bullying at your school. Responses will be used internally by the school as baseline information to determine whether school programs are effective at reducing bullying and improving the school climate.

To ensure confidentiality, please do not put your name on this survey.

Completed surveys should be forwarded to the school principal.

This survey is meant to be a sample. It may be used as is or adapted by schools or boards.

| Answer the following questions by completely shading the circle beside your response, like this: ● Please DO NOT use ✔ or ¥.                   |                    |             |                  |  |
|--|--------------------|-------------|------------------|--|
| What is your position? Shade ONE response  | :                  |             |                  |  |
| O Classroom teacher O Teaching assistant O School support staff O Other (specify):  (guidance counsellor/social worker/behavioural technician) |                    |             |                  |  |
| How long have you been at your school? Sl  | hade ONE response: |             |                  |  |
| O Under 12 months O 1–2 years O  | O 3–5 years O 6    | 5–9 years O | 10 years or more |  |
| What grades do you work with? Shade ALL  | that apply:        |             |                  |  |
| O JK/SK O Primary (1–3) O Jur  | nior (4–6) O Se    | enior (7–8) | Secondary (9–12) |  |

## **Bullying**

There are lots of ways to bully, but in all cases students who bully other students want to hurt or upset them (it's not an accident). Usually they hurt or upset them repeatedly and have an advantage over them, such as being bigger. Sometimes a group of students will bully a student.

## Types and Examples of Bullying

#### Physical bullying

- hitting, shoving, pushing, kicking, spitting at, or beating up others
- damaging or stealing someone's property

#### Verbal bullying

- name-calling, hurtful teasing
- insulting, humiliating, or threatening someone

#### Social bullying

- excluding others from "the group"
- gossiping or spreading rumours about others
- setting others up to embarrass them or make them look foolish
- making sure others don't associate with someone

#### Electronic bullying

 sending e-mail or phone text messages or pictures to threaten or hurt someone's feelings; to single out, embarrass, or make them look bad; or to spread rumours or reveal secrets about them

#### Gender-based bullying

- leaving others out or treating them badly because they are a boy or a girl
- making sexist comments or jokes

#### Racial/ethnocultural bullying

- treating people differently or badly because of their culture, their racial or ethnic background, or the colour of their skin
- saying negative things about someone's culture, racial or ethnic background, or skin colour
- calling someone by a racially derogatory term
- telling racist jokes

#### Sexual bullying

- making sexual gestures
- touching, pinching, or grabbing someone in a sexual way
- calling someone "gay" or a "fag" or a "lesbian" or something similar to upset them
- making crude comments or spreading rumours about someone's sexual behaviour

#### Religion-based bullying

- treating others differently or badly because of their religion
- saying negative things about someone's religion

The following questions ask about bullying at your school in general.

| 1.   | Based on your personal experience/perspective, indicate the extent to which you agree or disagree with each of the following statements about bullying at your school by circling ONE response for each of the following statements. | STRONGLY<br>DISAGREE | DISAGREE | AGREE | STRONGLY<br>AGREE |
|------|--|----------------------|----------|-------|-------------------|
| 1.1  | Physical bullying is a serious problem among students at our school.   | 1                    | 2        | 3     | 4                 |
| 1.2  | Verbal bullying is a serious problem among students at our school.   | 1                    | 2        | 3     | 4                 |
| 1.3  | Social bullying is a serious problem among students at our school.   | 1                    | 2        | 3     | 4                 |
| 1.4  | Electronic bullying is a serious problem among students at our school.   | 1                    | 2        | 3     | 4                 |
| 1.5  | Racial bullying is a serious problem among students at our school.   | 1                    | 2        | 3     | 4                 |
| 1.6  | Sexual bullying is a serious problem among students at our school.   | 1                    | 2        | 3     | 4                 |
| 1.7  | Religion-based bullying is a serious problem among students at our school.   | 1                    | 2        | 3     | 4                 |
| 1.8  | Gender-based bullying is a serious problem among students at our school.   | 1                    | 2        | 3     | 4                 |
| 1.9  | There is a high degree of bullying at our school.  | 1                    | 2        | 3     | 4                 |
| 1.10 | Dedicating time and resources to addressing the problem of bullying is one of our highest priorities.  | 1                    | 2        | 3     | 4                 |
| 1.11 | Relative to other priorities, we commit a substantial amount of time and resources to addressing the problem of bullying.  | 1                    | 2        | 3     | 4                 |
| 1.12 | The amount of time and resources we commit to bullying prevention initiatives is sufficient to effectively deal with bullying at our school.   | 1                    | 2        | 3     | 4                 |
| 1.13 | Our school is proactive when it comes to students treating each other with respect.  | 1                    | 2        | 3     | 4                 |

2. Based on your personal experience/perspective, indicate how often the various kinds of bullying are brought to your attention by circling ONE response for each of the following statements.

|     | response for each of the following statements.  | NEVER | RARELY | SOMETIMES | FREQUENTLY | ALWAYS |
|-----|---|-------|--------|-----------|------------|--------|
| 2.1 | Physical bullying Examples: hitting, kicking, pushing, slapping, spitting on or at someone; damaging or stealing someone's property   | 0     | 1      | 2         | 3          | 4      |
| 2.2 | <b>Verbal bullying</b> <i>Examples: name-calling, hurtful teasing; insulting, humiliating, or threatening someone</i>   | 0     | 1      | 2         | 3          | 4      |
| 2.3 | Social bullying  Examples: gossiping or spreading rumours about others, excluding someone from a group, setting someone up to embarrass them or make them look foolish  | 0     | 1      | 2         | 3          | 4      |
| 2.4 | Electronic bullying  Examples: sending e-mail or phone text messages or pictures to single out, threaten, or embarrass someone; hurt their feelings or make them look bad; spread rumours or reveal secrets about them  | 0     | 1      | 2         | 3          | 4      |
| 2.5 | Racial/ethnocultural bullying  Examples: treating people differently or badly because of their culture, racial or ethnic background, or the colour of their skin; calling someone by a racially derogatory term; telling racist jokes; saying negative things about a person's culture, racial or ethnic background, or skin colour | 0     | 1      | 2         | 3          | 4      |
| 2.6 | Sexual bullying  Examples: calling someone "gay" or a "fag" or a "lesbian" or something similar to upset them; spreading rumours about someone's sexual behaviour; making sexual gestures; touching, grabbing, or pinching someone in a sexual way  | 0     | 1      | 2         | 3          | 4      |
| 2.7 | Religion-based bullying  Examples: treating someone differently or badly because of their religion; saying negative things about someone's religion   | 0     | 1      | 2         | 3          | 4      |
| 2.8 | Gender-based bullying  Examples: treating someone differently or badly because they are a boy or a girl; making sexist comments or jokes  | 0     | 1      | 2         | 3          | 4      |

The following questions ask about **where and when** bullying occurs in and near your school and about **how people respond** to this kind of behaviour.

3. Think about the past four weeks, then indicate the frequency with which bullying occurs in each of

|    | the following locations by circling ONE response for each of them. If a location is not applicable to your context, do not respond. | NOT<br>ONCE IN<br>4 WEEKS | ONCE OR<br>TWICE IN<br>4 WEEKS | EVERY<br>WEEK | DAILY | DON'T<br>KNOW |
|----|---|---------------------------|--------------------------------|---------------|-------|---------------|
| a) | Classrooms  | 1                         | 2                              | 3             | 4     | 5             |
| b) | Hallways  | 1                         | 2                              | 3             | 4     | 5             |
| c) | School entrances or exits   | 1                         | 2                              | 3             | 4     | 5             |
| d) | Library   | 1                         | 2                              | 3             | 4     | 5             |
| e) | Computer rooms  | 1                         | 2                              | 3             | 4     | 5             |
| f) | Gymnasium   | 1                         | 2                              | 3             | 4     | 5             |
| g) | Change room or locker rooms   | 1                         | 2                              | 3             | 4     | 5             |
| h) | Washrooms   | 1                         | 2                              | 3             | 4     | 5             |
| i) | School bus  | 1                         | 2                              | 3             | 4     | 5             |
| j) | Playground  | 1                         | 2                              | 3             | 4     | 5             |
| k) | On the way to and from school   | 1                         | 2                              | 3             | 4     | 5             |
| I) | Lunchroom or eating area/cafeteria  | 1                         | 2                              | 3             | 4     | 5             |
| m) | Parking lot   | 1                         | 2                              | 3             | 4     | 5             |
| n) | Areas off school property, but close to the school  | 1                         | 2                              | 3             | 4     | 5             |
| o) | Areas off school property where students smoke  | 1                         | 2                              | 3             | 4     | 5             |
| p) | On field trips  | 1                         | 2                              | 3             | 4     | 5             |
| q) | Other (please specify)  | 1                         | 2                              | 3             | 4     | 5             |
|    |   |                           |                                |               |       |               |

|                         | <ol> <li>Indicate how often students are at risk of being<br/>bullied during each of the following periods<br/>by circling ONE response for each period.</li> </ol> |   | NEVER | SOMETIMES       | OFTEN              | ALWAYS      | DON'T<br>KNOW |
|-------------------------|---|---|-------|-----------------|--------------------|-------------|---------------|
|                         | a) Before school  |   |       | 2               | 3                  | 4           | 5             |
|                         | b)  | During classes  | 1     | 2               | 3                  | 4           | 5             |
|                         | c)  | Between classes   | 1     | 2               | 3                  | 4           | 5             |
|                         | d)  | During break periods (spares, lunch, recess)  | 1     | 2               | 3                  | 4           | 5             |
|                         | e)  | After school  | 1     | 2               | 3                  | 4           | 5             |
|                         | f)  | On weekends   | 1     | 2               | 3                  | 4           | 5             |
|                         | 5.  | Indicate the degree to which each of the following bullying prevention initiatives is in place at your school this year <i>by circling ONE response for each initiative</i> . |       | NOT<br>IN PLACE | BEING<br>DEVELOPED | IN<br>PLACE | NOT<br>SURE   |
|                         | 5.1   | Bullying prevention committee   |       | 1               | 2                  | 3           | 4             |
| 10                      | 5.2   | School assemblies, newsletters, etc., that address bullying   |       | 1               | 2                  | 3           | 4             |
| ТНКОИ ВНО ОТ ТНЕ SCHOOL | 5.3   | Increased supervision of students outside classrooms  |       | 1               | 2                  | 3           | 4             |
| GHOUT                   | 5.4   | School policies and rules related to bullying   |       | 1               | 2                  | 3           | 4             |
| THROU                   | 5.5   | Staff training related to bullying  |       | 1               | 2                  | 3           | 4             |
|                         | 5.6   | Reorganization of physical space (e.g., classrooms, playground) to reduce potential for bullying  |       | 1               | 2                  | 3           | 4             |
| W                       | 5.7   | Regular classroom discussion on topics to do with bullying  |       | 1               | 2                  | 3           | 4             |
| CLASSROOM               | 5.8   | Bullying prevention curriculum materials (e.g., videos, books)  |       | 1               | 2                  | 3           | 4             |
| IN THE CLAS             | 5.9   | Class exercises such as role playing, writing assignments   |       | 1               | 2                  | 3           | 4             |
|                         | 5.10  | Development and posting of class rules  |       | 1               | 2                  | 3           | 4             |
| UTS                     | 5.11  | Peer-led interventions (e.g., peer mediators, mentors, helpers, buddies)  |       | 1               | 2                  | 3           | 4             |
| BY STUDENTS             | 5.12  | Involvement of students in bullying prevention committee  |       | 1               | 2                  | 3           | 4             |
|                         | 5.13  | Student-led activities (e.g., presentations, conferences) focused on bullying   |       | 1               | 2                  | 3           | 4             |

|                 |      |  | NOT<br>IN PLACE | BEING<br>DEVELOPED | IN<br>PLACE | NOT<br>SURE |
|-----------------|------|--|-----------------|--------------------|-------------|-------------|
|                 | 5.14 | Individual counselling for students who have bullied others  | 1               | 2                  | 3           | 4           |
| N.              | 5.15 | Individual counselling for students who have been bullied  | 1               | 2                  | 3           | 4           |
| FOR INDIVIDUALS | 5.16 | Group counselling for students who have bullied others   | 1               | 2                  | 3           | 4           |
| FORIN           | 5.17 | Group counselling for students who have been bullied   | 1               | 2                  | 3           | 4           |
|                 | 5.18 | Specialized workshops for small groups of individuals who have been bullied (e.g., assertiveness training)             | 1               | 2                  | 3           | 4           |
| ITS             | 5.19 | Information to parents (e.g., through newsletters)   | 1               | 2                  | 3           | 4           |
| FOR PARENTS     | 5.20 | School presentations, seminars, etc.   | 1               | 2                  | 3           | 4           |
| FOR             | 5.21 | Encouragement of parents to participate directly in school bullying prevention program(s)                              | 1               | 2                  | 3           | 4           |
| VIII            | 5.22 | Meetings with community leaders and organizations  | 1               | 2                  | 3           | 4           |
| COMMUNITY       | 5.23 | Invitations to local media to cover school's efforts   | 1               | 2                  | 3           | 4           |
| IN THE O        | 5.24 | Encouragement of community organizations and leaders to participate in school's bullying prevention program activities | 1               | 2                  | 3           | 4           |

**6.** Does your school have a bullying prevention program(s) in place? YES NO If yes, proceed to question 7. If no, proceed to question 13.

Answer the following questions by completely shading the circle beside your response, like this: ullet Please DO NOT use ullet or lacktriangle.

### 7. Who are the primary recipients of your bullying prevention program(s)? Shade ALL that apply.

| 0 | Individual students                      | 0 | Classroom teachers                                      |
|---|--|---|---|
| 0 | Groups of students                       | 0 | Support teachers  |
| 0 | Students in individual classes           | 0 | Non-teaching staff (e.g., cafeteria staff, bus drivers) |
| 0 | Students in individual grade levels      | 0 | School administrators                                   |
| 0 | Students within a division of the school | 0 | Parents   |
|   | (e.g., all those in the primary grades)  | 0 | Families  |
| 0 | All students                             | 0 | Members of surrounding community                        |

|          | participated in planning the bullying prevention<br>e ALL that apply.  | on pi   | ogram(s) in your school?   |
|----------|--|---------|--|
| 9. Who   | Students Classroom teachers School administrators Professional support staff (e.g., guidance counsellors, social/youth/childcare workers) Non-professional support staff (e.g., bus drivers, cafeteria staff, caretakers) Parents  is involved in delivering the bullying prevention ALL that apply. | 0 0 0 0 | School board personnel Ministry of Education personnel Personnel from another ministry Professional consultants Personnel from community service agencies/organizations (including police) Community volunteers Other (specify): |
|          | ,  |         |  |
| •        | Students   | 0       | School board personnel   |
|          | Classroom teachers   | 0       | Ministry of Education personnel  |
| _        | School administrators  | 0       | Personnel from another ministry  |
| 0        | Professional support staff (e.g., guidance counsellors, social/youth/childcare   | 0       | Professional consultants   |
|          | workers)   | 0       | Personnel from community service   |
| 0        | Non-professional support staff (e.g., bus  |         | agencies/organizations (including police)  |
|          | drivers, cafeteria staff, caretakers)  | 0       | Community volunteers   |
| 0        | Parents  | 0       | Other (specify):   |
| 11. Peop | is the lead on the bullying prevention committ<br>ble play various roles in creating and/or solving<br>beople/roles listed below are addressed in your<br>that apply.  | the     | problem of bullying. Indicate which of   |
| 0        | Individuals who bully  | 0       | Individuals who are victimized   |
| 0        | Groups/gangs who bully   | 0       | Passive participants in bullying (e.g., silent   |
| 0        | Individuals who facilitate or encourage  |         | onlookers)   |
|          | bullying   |         | Peers not involved in bullying   |
|          | Individuals who intervene in bullying  |         | Classroom teachers   |
|          | Parents  | 0       | School professionals (e.g., guidance   |
|          | School administrators  | ^       | counsellors)   |
| 0        | Non-professional support staff (e.g., bus drivers, cafeteria staff, caretakers)  | O       | Members of surrounding community   |

| 12. Indicate the extent to which your bullying prevention program(s) are having the following results by circling ONE response for each statement.  | STRONGLY<br>DISAGREE | DISAGREE | AGREE | STRONGLY<br>AGREE | DON'T<br>KNOW |
|---|----------------------|----------|-------|-------------------|---------------|
| <b>12.1</b> School personnel use more effective strategies to stop bullying.  | 1                    | 2        | 3     | 4                 | 5             |
| <b>12.2</b> Students use more effective strategies to stop bullying.  | 1                    | 2        | 3     | 4                 | 5             |
| 12.3 There is greater understanding about the nature of the bullying problem at our school among internal stakeholders (e.g., staff, administrators, trustees, students, school council members). | 1                    | 2        | 3     | 4                 | 5             |
| <b>12.4</b> There is greater understanding about the nature of bullying among external stakeholders (e.g., parents, community members).   | 1                    | 2        | 3     | 4                 | 5             |
| 12.5 More internal stakeholders (e.g., staff, administrators, trustees, students, school council members) are directly involved in solving the problem of bullying at our school.                 | 1                    | 2        | 3     | 4                 | 5             |
| 12.6 More external stakeholders (e.g., parents, community members) are directly involved in solving the problem of bullying at our school.  | 1                    | 2        | 3     | 4                 | 5             |
| 12.7 The number of bullying incidents has decreased.  | 1                    | 2        | 3     | 4                 | 5             |
| <b>12.8</b> The severity of reported bullying incidents has decreased.  | 1                    | 2        | 3     | 4                 | 5             |
| 12.9 The atmosphere at the school is generally more positive and peaceful.  | 1                    | 2        | 3     | 4                 | 5             |

Answer the following questions by completely shading the circle beside your response, like this: ullet Please DO NOT use ullet or lacktriangle.

| 13. | How safe  | do you feel | in your school?   |
|-----|-----------|-------------|---|
|     | O Very    | O Some      | vhat O Not at all   |
| 14. | Do you ne | ed help or  | advice in planning and implementing a bullying prevention program |
|     | O Yes     | O No        | O Don't know  |

# THANK YOU FOR COMPLETING THIS SURVEY.

Your answers will help us make this school safer for everyone.